

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Me and my Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
EYFS	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages Girls and boys – similarities and difference
Y1	Feelings Getting help Classroom rules Special people Being a good friend	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep	Taking care of things: Myself My money My environment	Growth Mindset Healthy eating Hygiene and health Cooperation	Getting help Becoming independent My body parts Taking care of self and others
Y2	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Being kind and helping others Celebrating difference People who help us Listening Skills	Safe and unsafe secrets Appropriate touch Medicine safety	Cooperation Self-regulation Online safety Looking after money – saving and spending	Growth Mindset Looking after my body Hygiene and health Exercise and sleep	Life cycles Dealing with loss Being supportive Growing and changing Privacy
Y3	Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss	Recognising and respecting diversity Being respectful and tolerant My community	Managing risk Decision-making skills Drugs and their risks Staying safe online	Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money	Keeping myself healthy and well Celebrating and developing my skills Developing empathy	Relationships Changing bodies and Keeping safe Safe and unsafe secrets First Aid-Head injuries/ Bites and stings
Y4	Healthy relationships Listening to feelings Bullying Assertive skills	Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety	Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money	Having choices and making decisions about my health Taking care of my environment My skills and interests First aid- emergencies and calling for help	Body changes during puberty Managing difficult feelings Relationships including marriage Menstruation (girls) First aid-Asthma
Y5	Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs	Recognising and celebrating difference, including religions and cultural Influence and pressure of social media	Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills	Rights, respect and duties relating to my health Making a difference Decisions about lending, borrowing and spending	Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community First aid- bleeding	Managing difficult feelings puberty Managing change How my feelings help keeping safe Getting help
Y6	Assertiveness Cooperation Safe/unsafe touches Positive relationships	Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping	Understanding emotional needs Staying safe online Drugs: norms and risks (including the law)	Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy	Aspirations and goal setting Managing risk Looking after my mental health First aid-choking	Coping with changes Keeping safe Body Image Self-esteem Puberty First aid- basic life support

Teaching and learning about Protected Characteristics is fully integrate into our PSHE curriculum, through age appropriate content across the SCARF spiral curriculum.

However, some Protected Characteristics benefit from in-depth coverage that will give children the time to explore the knowledge and attitudes that will help them develop an appreciation of them.

Mapped out below are the specific lessons that provide this greater depth of the relevant characteristics.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Me and my Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
Age		Y3-Our friends and neighbours Y3-let's celebrate our differences Y5-happy being me Y6-we have more in common than not	Y6- Think before you click Y6- To share or not to share	Y6- Democracy in Britain 1 Y6-Democracy in Britain 2		Y4-Together
Disability		Y3-let's celebrate our differences Y3-Zeb Y6-we have more in common than not			Y3-I am fantastic	Y6- Media manipulation
Marriage and civil partnership	Y6- Don't force me					Y4-Together
Pregnancy and maternity						

<p>Race</p>		<p>Y2- What makes us who we are</p> <p>Y3-Our friends and neighbours</p> <p>Y3-Zeb</p> <p>Y4- The people we share our world with</p> <p>Y5- The land of red people</p> <p>Y5-happy being me</p> <p>Y6-we have more in common than not</p> <p>Y6-Tolerance and respect for others</p>				
<p>Religion or belief</p>	<p>Y6- Don't force me</p> <p>Y6- acting appropriately</p>	<p>Y1-Who are our special people?</p> <p>Y2- What makes us who we are</p> <p>Y3-Our friends and neighbours</p> <p>Y3-let's celebrate our differences</p> <p>Y4- The people we share our world with</p> <p>Y5- The land of red people</p> <p>Y5-happy being me</p> <p>Y6-we have more in common than not</p>				<p>Y4-Together</p>

Sex	Y6- acting appropriately	Y3-let's celebrate our differences Y3-Zeb Y5- The land of red people Y5-happy being me Y6-we have more in common than not Y6- Don't force me Y6-Tolerance and respect for others			Y3-I am fantastic	Y4-Together Y6- Media manipulation
Sexual orientation	Y6- Don't force me	Y3-Our friends and neighbours Y3-Zeb Y3- Family & Friends Y5- is it true Y5- Stop, start, stereotypes Y6-we have more in common than not				Y4-Together Y6- Media manipulation
Gender reassignment					Y3- I am fantastic	Y6- Media manipulation

The understanding of the fundamental British Values is woven through our PSHE curriculum- The lessons below deepen pupils understanding of these values.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Me and my Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
Democracy	Y3- as a rule			Y6- Democracy in Britain 1 Y6-Democracy in Britain 2 Y4- how do we make a difference		
Individual Liberty	Y5-The land of the Red People	Y3-Zeb Y3-Let's celebrate our differences Y5-Happy being me Y6-Tolerance and respect for others Y6-Boys will be boys? - challenging gender stereotypes		Y6- Democracy in Britain 1	Y3-I am fantastic!	Y4-Together
Mutual respect and tolerance	Y1How are you listening? Y2-Being a good friend Y2-How are you feeling today? Y2-Don't do that! Y2-Our ideal classroom (1) Y3-How can we solve this problem? Y3-Thunks Y4-Under pressure Y4-Different feelings Y4-Ok or not ok? (part 1) Y4-Human machines Y5-How good a friend are you? Y5-Give and take Y5-Being assertive	Y1-Same or different? Y1-It's not fair! Y2-An act of kindness Y2-What makes us who we are? Y2-Solve the problem Y2-How do we make others feel? Y2-When someone is feeling left out Y3-Respect and challenge Y3-Let's celebrate our differences Y3-Family and friends Y3-Our friends and neighbours Y3-Zeb Y4-That is such a stereotype! Y4-Can you sort it?	Y5-Play, like, share Y6-To share or not to share? Y6-Think before you click!	Y2-Getting on with others Y3-Helping each other to stay safe Y4-It's your right Y4-How do we make a difference? Y5-Lend us a fiver!	Y3-For or against? Y4-Harold's Seven Rs Y4-What makes me ME! Y4-Making choices	Y2- A helping hand Y3-Body space Y3-Relationship tree Y4-My feelings are all over the place! Y5-Taking notice of our feelings Y5-Help! I'm a teenager - get me out of here!

	<p>Y5-Relationship cake recipe</p> <p>Y5--The land of the Red People</p> <p>Y6-Pressure online</p> <p>Y6-Solve the friendship problem</p>	<p>Y4-The people we share our world with</p> <p>Y4-Friend or acquaintance?</p> <p>Y5-Qualities of friendship</p> <p>Y5-Kind conversations</p> <p>Y5-Happy being me</p> <p>Y5-Stop, start, stereotypes</p> <p>Y6-Tolerance and respect for others</p> <p>Y6-We have more in common than not</p> <p>Y6-Respecting differences</p> <p>Y6-OK to be different</p>				
Rule of Law	<p>Y6- Don't force me</p> <p>Y6- acting appropriately</p>	<p>Y5- Stop, start, stereotypes</p>	<p>Y6- To share or not to share</p> <p>Y6-drugs, it's the law</p> <p>Y5- dugs: true or false (optional)</p>	<p>Y4- It's your right</p>		<p>Y4-Together</p>